



# **Nottingham Knightly News**

**February 26, 2019**

## **Important Dates**

25 February – 1 March	Knights Take Note Week
27 February, Wednesday	SCA Spirit Day – Twin Day!
4 March, Monday	Hoops for Heart Kickoff
5 March, Tuesday	PTA Meeting, 7PM
7 March, Thursday	Early Release, Parent-Teacher Conference
8 March, Friday	Parent Teacher Conferences- No School
10 March, Sunday	Daylight Savings Begins – Spring Forward!
13 March, Wednesday	Early Release 1:26PM
18-29 March	Waste Free Lunch
23 March, Saturday	Discovery Nottingham Friendship 5K
27 March, Wednesday	SCA Spirit Day – stay tuned
28 March, Thursday	Book Swap/Ice Cream Social
1 April, Monday	No School - Grade Prep Day
11 April, Thursday	STEAM Night, 6:00-8:00PM
15-19 April	Spring Break

**2018-2019 Early Release Dates:** March 7, March 13, June 5, June 12. Students will be dismissed at 1:26PM.

## ***From the Principal***

Hi Everyone,

Sorry we missed last week. We are ready to roll into March and as you can see, there are many events and activities coming up!

Last week we celebrated the 100<sup>th</sup> day of school. Zero the Hero paraded around the school with our fabulous kindergartners. Thanks to the K Team for putting it together!

Remember we have parent-teacher conferences next week. As always, our teachers look forward to partnering with you. Please try to hold to the short conference times and we can work together to schedule time for longer conversations. Thanks in advance, **PTA**, for the snacks and treats! Let me know if you need anything. Please check out the PTA website to view the [PTA Newsletter](#) for this week.  
Eileen

## ***Kudos and Appreciation***

Thank you to **Colleen Wright** and **Lisa Solinger** for putting together Knights Take Note week. We danced our way through lunches today enjoying multiple musicians! Fun times.

## ***Announcements and Reminders***

We wanted to remind all of our families that when you have to call your child out, please remember to email the teacher, the attendance line ([attendance.ntm@groups.apsva.us](mailto:attendance.ntm@groups.apsva.us)) and extended day if your child attends. This helps make sure we get the message and you don't get a robo call! Thanks.

**Make and show your film APS!** Free and unlimited entries for all APS students to enter the 7th annual Arlington School Film Festival which will be the biggest yet! The 6-week countdown to deadline has begun! Have fun!

<https://docs.google.com/forms/d/e/1FAIpQLScMg884XPIIdKBbgT6da8R6o3ST2PPvaC1Ma6Ss1X6HPSZK1tg/viewform>

**Parent to Parent (P2P) Family Training on ADHD will occur on Wednesdays from 9:30 am to noon from February 27 to April 10.** P2P provides parents with a comprehensive understanding of ADHD as well as strategies to improve life at home and school. Designed by parents for parents, this training provides information from the parent' perspective. Throughout this course, you will learn what ADHD is, its probable causes, the process of diagnosis and assessment, components of a multimodal treatment approach, complementary and alternative treatment options, strategies for creating an ADHD-friendly home environment and how to support a child with ADHD at school. This free 6-week session is open to all

Arlington parents but registration is required and space is limited. Attendance at all 6 sessions is required. [Register online now](#) or call the Parent Resource Center at 703-229-7239. **The schedule is follows:** February 27: An overview of ADHD: Myths/Definition/Characteristics

March 6: Assessment/Diagnosis/Multimodal Treatment  
March 13: ADHD-Impact on Family  
March 20: ADHD-Impact on School  
March 27: Navigating School Supports and Educational Rights  
April 3: Building Resilience for the Future/Supports for Teens  
April 10: Make up session if needed for inclement weather

**The Lost and Found is overflowing.** Please stop by to claim any misplaced items. Items that are left behind will be donated on March 11, the Monday after Parent/Teacher Conferences.

**Reminder:** Kindergarten registration is now open. Please encourage your neighbors to come in and pick-up a registration packet. Spread the word, we will accept partially completed packets. There is no need to wait until after you've completed the physical to return components. Getting students registered now helps us with determining our staffing needs. Our second Kindergarten Information Session will be April 4, at 9:15 AM. All the dates for the coming **school information sessions** for the 2019-20 School Year follow:

**Tuesday, March 12, 2019**

9:15 – 10:45 a.m. – Arlington Traditional, Barrett, Claremont, Key, Montessori Public School of Arlington\*, Randolph, Taylor

12:45 – 2:15 p.m. – Abingdon, Arlington Science Focus, Ashlawn, Barcroft, Carlin Springs, Discovery, Drew, Glebe, Hoffman-Boston, Long Branch

**Thursday, April 4, 2019**

9:15 – 10:45 a.m. – Arlington Science Focus, Carlin Springs, Drew, Hoffman-Boston, Jamestown, Key, Long Branch, McKinley, Nottingham, Oakridge

12:45 – 2:15 p.m. – Arlington Traditional, Barrett, Campbell, Claremont, Fleet (Henry), Montessori Public School of Arlington\*, Randolph, Tuckahoe

**The following countywide option schools will offer additional information sessions on the dates listed below:**

**Arlington Traditional School**

Monday, February 25, 2019 9:15 – 10:45 a.m.

Wednesday, March 27, 2019 9:15 – 10:45 a.m.

Friday, April 12, 2019 9:15 – 10:45 a.m.

### **Campbell Elementary School**

Thursday, February 21, 2019 9 – 10:30 a.m.

Thursday, March 14, 2019 9 – 10:30 a.m.

Wednesday, April 24, 2019 3:15 – 4:45 p.m.

### **Key Immersion School**

Thursday, March 14, 2019 6-7 p.m.

*\*The Montessori Public School of Arlington information session will take place at Drew Model. For additional information or questions, please contact the APS Welcome Center at 703-228-8000 or [schooloptions@apsva.us](mailto:schooloptions@apsva.us).*

**Reminder:** The Committee for Children, the non-profit organization which spearheaded Second Step (the social-emotional learning curriculum implemented at Discovery and county-wide), has released a podcast which focuses on different SEL topics each month. Full episodes of the The Grow Kinder Podcast can be accessed [here](#). The “Strengthening Families” series is starting on **2/27** at Drew Model ES for students in 4th-8th grade and their parents/caregivers, and there are a few spots still available. Here is a brief summary: **Want to improve children’s behavior and strengthen family bonds? Strengthening Families Program - Free** program for Arlington County 4<sup>th</sup>-8<sup>th</sup> graders and their families to work together over 7 weeks on communication skills and stress management. Parents gain techniques in effective discipline while students learn to resist peer pressure, understand consequences, and solve problems constructively. Weekly sessions are highly interactive and include role-playing, discussions, learning games, and family projects. Dinner and childcare are included. Classes are in English and Spanish. **Register Online**, visit [www.StrengtheningFamiliesArlington.com](http://www.StrengtheningFamiliesArlington.com) or contact SFP Coordinator Lainie Morgan, [Lmorgan@arlingtonva.us](mailto:Lmorgan@arlingtonva.us) or 703-228-1529.

**Reminder...Learning Lab:** Starting **this week**, students in grades 3, 4, and 5 who need assistance completing assignments, projects, or studying for tests and quizzes are welcome to come to Nottingham’s Learning Lab. The Learning Lab is a study hall in the library that is staffed by Nottingham teachers from 3:45-4:45 on Mondays, Tuesdays, and Thursdays. The Learning Lab IS a quiet place for students to get work done, free from distraction with some assistance from an educator. The Learning Lab is NOT free baby-sitting, or one on one tutoring! Because a student’s work load changes weekly, we understand that there may need to be flexibility with who attends each week. Additionally, pending the popularity of the Learning Lab, we may tweak it, as needed. Transportation must be provided or arranged by families. If your student can walk home, they may walk. Bus riders must have a parent pick them up. Please contact Megan Lynch [megan.lynch@apsva.us](mailto:megan.lynch@apsva.us) if you have any questions.

We are going to try the following procedures (to be updated as needed):

1. Your child must sign up on the MORNING of the day they wish to stay after school for assistance. This will allow us to get a proper head count to make sure there is room and sufficient adult supervision.
2. There are limited spots available, the maximum capacity is 20 students each day.
3. Sign up will be located outside the Library on Clipboards attached to the window/glass

**Reminder...Kindness Counts:** Nottingham is an inclusive school where differences are embraced, and students treat each other with kindness and compassion. When thinking about extending that into our lives outside of school, you may consider stretching the social circle of your child and reaching out to make a class-wide, or grade-wide impact by planning play dates at local parks or playgrounds with other families. Some children in our classes may be on the social fringes and may not readily come to mind when putting together party invitation lists or play dates. However, for these children, being included in an event like a birthday party can be a self-esteem "game changer". Kindness counts, and inclusivity matters! Just something to think about as we wrap up our Kindness Initiative here at Nottingham.