

# Nottingham Knightly News

April 28, 2020

Dear Nottingham Families,

Check out our updated [Nottingham Remote Learning Page](#)! Thanks **Ron Crouse, ITC**, for the work in streamlining our information. We've moved the [Frequently Asked Questions](#), and [meal service information](#) to this page for you to review at your leisure. If you have additional questions, please feel free to reach out directly.

Third quarter **report cards** and **IEP progress updates** will be available through ParentVUE after 5:00PM tomorrow, April 29, 2020. As a reminder, there will be no 4<sup>th</sup> quarter report cards this year.

Next week is **Teacher Appreciation Week**! We have a few virtual ideas that we will use to honor and thank our staff for the work they do every day to support our students and families. We hope you'll join us in celebrating them through our webpage, Twitter and email. Another way to appreciate our staff is to **Thank A Teacher!** For the fifth year, the Virginia Lottery is encouraging students, parents and the general public to send [thank you notes](#) to Virginia's deserving public school teachers during National Teacher Appreciation Week, May 4 – 8. Your favorite teacher could win a Virginia vacation and prizes for your school! Make your favorite teacher smile with a digital thank-you note featuring custom artwork by the three student art contest winners.

Here's an interesting article from the [NY Times](#) about how you can support your child at home.

Many of you have asked how to connect with activities for **art, music, PE and FLES**. Here's how you can find them!

## **ART: Ms. Zoller and Ms. Perez**

**Ms. Zoller's** Monday Seesaw Art lesson and [Art](#)

- [website](#)

**Ms. Perez's** Weekly

Google Classroom Art lesson code: **ybxexu4** (Post work on Seesaw, if you are having difficulties connecting to Ms. Perez's art

Seesaw journal please check the tech support page of our remote learning site

- [here](#))

- **APS Art Choiceboards** [K-2 3-5](#)
- **Contact information** [sarah.zoller@apsva.us](mailto:sarah.zoller@apsva.us) [taylor.perez@apsva.us](mailto:taylor.perez@apsva.us)
- **Follow us** [twitter.com/zollerapsart](https://twitter.com/zollerapsart) [twitter.com/PerezArtClass](https://twitter.com/PerezArtClass)

## **MUSIC: Ms. Levchenko, Ms. Achille, and Mr. Glasner**

**APS Elementary Music Activity Choiceboard**- students can choose from a list of activities ([found](#)

- [on the APS website here](#))

### **Nottingham Music Website-**

Every Monday,

we'll be posting at-home movement, singing, and other activities! ([Music](#)

- [Website found here](#))

### **Seesaw Music-**

Every Tuesday,

- we'll be posting our activities from the Nottingham Music Website on Seesaw so we can hear from students!

**Mr. Glasner Instrumental Music Google classroom 7dw5dtc** and **Essential Elements Method Book (www.EssentialElementsInteractive.com)** are used to push out activities for students to keep up their instrumental talent

- with **Mr. Glasner!**

**5th Grade Virtual Choir** being offered to interested 5th Grade students. Final video will be posted at the end of the school year to share with family and

- friends as they move on to middle school. Students will find rehearsal videos in Google Classroom beginning the week of May 4.

### **Google Classroom Codes -**

Donnaruma:fmksqmy

Matthews:2yqpiho

Wysocki:u4pbufq

## **FLES: Sra. Salomon and Sra. Gibbons**

**APS Elementary FLES Activity Choiceboard**- Students in K-2 and 3-5 can visit this site and choose from a list of activities to add to their Spanish language learning.

- <https://www.apsva.us/continuity-of-learning/elementary-choice-boards/>

**Seesaw: FLES** activities are also posted on Seesaw

- **every Monday** for all grade levels.

**Remember** to check out the  
**5 de mayo activity**

- in Seesaw next week!

For any questions, feel free to contact [juanita.gibbons@apsva.us](mailto:juanita.gibbons@apsva.us)

- and [claudia.salomon@apsva.us](mailto:claudia.salomon@apsva.us)

### **PE: Ms. Pugh and Mr. Giusto**

- We are pushing information out through the following websites and Seesaw.
  - <https://www.apsva.us/continuity-of-learning/elementary-choice-boards/>
  - <https://sites.google.com/view/ntmremotelearning/instructional-resources>
- Remember to check out Seesaw for information regarding the **May 8 National Field Day!**
- If you have any questions or concerns you can reach us via email:

[bobbie.pugh@apsva.us](mailto:bobbie.pugh@apsva.us)

[michael.giusto@apsva.us](mailto:michael.giusto@apsva.us)

### **LIBRARY: Ms. Gustafson**

**Knights@9** - Knights@9 is up and running! Each Friday, a link to Knights@9 will be sent out via Seesaw or Google Classroom. Videos can also

- be accessed from the Nottingham Remote Learning Page  
<https://sites.google.com/view/ntmremotelearning/knights9-read-alouds>
- **Nottingham Library Activities** - Activities will be pushed out via Google Classroom or Seesaw
- **APS Library Choice Board**  
<https://www.apsva.us/continuity-of-learning/elementary-choice-boards/>
- **How to Access Nottingham e-Books and Databases**  
[https://nottingham.apsva.us/wp-content/uploads/sites/28/2020/03/Library\\_Resources.pdf](https://nottingham.apsva.us/wp-content/uploads/sites/28/2020/03/Library_Resources.pdf)
- If you have any questions or concerns, please contact me via email at:  
[nicole.gustafson@apsva.us](mailto:nicole.gustafson@apsva.us)

We hope your child(ren) have enjoyed the class check-in meetings and that you and your families continue to stay healthy. Please continue to reach out as needed.

Thanks,

Eileen

## From Ms. Pugh and Mr. Giusto

We're excited to announce that our school community will be participating in the

**OPEN National Field Day** event on **Friday, May 8<sup>th</sup>**!

Field Day is an important tradition at our school. It is a significant day for our students and our staff, and we feel that in these incredibly challenging times this national event is a unique way that we can stay connected as a community and support one another in a fun and meaningful way.

OPEN (Online Physical Education Network) is a national public service organization that provides curriculum and training support to more than 90,000 teachers in all 50 states. We will be using their resources and social media network to help us organize our school's participation in #NationalFieldDay.

All #NationalFieldDay events are designed to be done indoors or outdoors using common household items. You won't be asked to purchase any specialized equipment or supplies.

### Here's how it will work:

- Our school is now registered as a participant in this event. Families can choose to register as well, **but it's not a requirement.**
- All info will be sent out on the **Physical Education Department Seesaw account** for each class.
- If you are having difficulty accessing it on Seesaw, the event website is [www.openphysed.org/nationalfieldday](http://www.openphysed.org/nationalfieldday).
- As a part of registration, we will receive Field Day Friday email updates each week with new resources that we will share with you.
- You can also find updates via social media using #NationalFieldDay.
- From May 3 thru 7, we will follow #NationalFieldDay and watch the Field Day Torch travel across the country in preparation for the main event.
- On May 8, our entire school will participate in events, complete an official score card, share photos and videos through twitter (@nottinghampe), and participate nationally on social media using #NationalFieldDay.
- After the event, your student can submit their scorecard via Physical Education Seesaw account, or you can email it to Mr. Giusto and Ms. Pugh.

We will continue to send you weekly updates on this fun and festive event. We appreciate your cooperation and are hopeful that your entire family will use it as a fun and meaningful way to be physically active together and with our entire school community.

Stay well,

Ms. Pugh and Mr. Giusto

## From Our Student Support Staff

This week we would like to offer resources, information and ideas for stress reduction. During this challenging time, we know that all families are doing their best to balance working and teaching their children, all while being home together. This can often lead to an increase in stress for the whole family. Some ideas on ways to reduce stress while at home are below:

- **Take a break:** from watching, reading or listening to the news or social media
- **Take care of yourself:** try the [Smiling Mind](#) app for free which has mindfulness programs for all ages
- **Slow down and breathe:** [How You and Your Kids Can De-Stress During Coronavirus](#) offers information, videos and activities for caregivers and children to help them calm their stress response from PBS
- **Above all, be kind and patient with yourself!**

These tips came from the Arlington County COVID-19 Mental Wellness website. Much more information and resources can be found here:

<https://health.arlingtonva.us/covid-19-coronavirus-updates/covid-19-mental-wellness>

More social and emotional resources can be found on the Counseling tab of the Nottingham website: <https://nottingham.apsva.us/counseling>

If you are in need of community resources to help support your family during this time, please see the links below and/or reach out to our school Social Worker, Maggie Ryan at: [Elizabeth.ryan@apsva.us](mailto:Elizabeth.ryan@apsva.us) or on her work cell phone: 571-389-0662

- APS meal information: <https://www.apsva.us/coronavirus-covid-19-updates/free-lunch-breakfasts-and-other-resources/>
- Additional resources for food and assistance: <https://www.apsva.us/coronavirus-covid-19-updates/free-lunch-breakfasts-and-other-resources/other-resources-for-food-and-assistance/>
- APS and Arlington County resources: <https://careercenter.apsva.us/wp-content/uploads/sites/11/2020/03/Resources-for-ACC-Ss-Families-14.pdf>
- Arlington County resources: <https://publicassistance.arlingtonva.us>

## Reminders

**Elementary Option Deadline:** APS has extended the timeline for Elementary Options and Primary Montessori Options by one week to ensure that all interested families have the opportunity to apply.

- April 20 (8am): Application window reopens
- April 27 (8pm): Application window closes
- May 6: Lottery
- May 13 (after 4pm): Notification to families
- May 22 (11:59pm): Families must accept/ decline spot

If you are looking for a way to help the Arlington community, please consider food, cleaning supplies, toilet paper or monetary donations to [AFAC](#), which is supporting many families during this time. You can donate in person or online and they are looking for additional support.

Should you have more questions or need additional assistance, visit the APS Coronavirus page at <https://www.apsva.us/coronavirus-covid-19-updates/> or <https://www.apsva.us/engage/> or email APS at [engage@apsva.us](mailto:engage@apsva.us) .

**Part of the latest episode of the *What's Up APS?* podcast takes an in-depth look at the APS continuous learning plan** and addresses frequently asked questions. Join [Interim Superintendent Cintia Johnson](#); [Assistant Superintendent of Teaching and Learning Bridget Loft](#); [Chief Diversity, Equity and Inclusion Officer Arron Gregory](#); [Dr. Charles R. Drew first grade teacher Sydney Mann](#); and [Wakefield math teacher Laurell Wiersma](#) as they discuss how the plan was created, the approach APS is taking, and how teachers are implementing it with students. [Listen Now](#). If you have questions about APS operations during the closure or about the learning plans? Please email [\*\*engage@apsva.us\*\*](mailto:engage@apsva.us).

For some more fun, follow us on Twitter. the handle [@KnightsAtHome](#) and [#DaysandKnights](#) to share what you're doing.

## For our 5<sup>th</sup> Grade Families

I have been in touch with Renee Harber, Principal at Swanson and Bryan Boykin, Principal at Williamsburg. Rising 6<sup>th</sup> graders at both schools will be scheduled on one of three 6<sup>th</sup> grade teams. The teams will provide students a smaller, sheltered environment to aid in the adjustment to the middle school model. The team model provides 5 core teachers. As well, a grade level administrator and counselor will transition with students through their three years. They find this positively supports students' academic and social adjustment throughout the middle school years. They understand that our 5th grade orientation visits were canceled with the closure of schools. Depending upon facility availability and operations, they still plan to hold three summer orientation sessions in July and August. They also plan to hold the Open House the Thursday (TBD) prior to the opening of school this fall. They are not addressing placement questions (Math) at this time, as they are

awaiting further guidance from the Department of Teaching and Learning. I encourage you to visit the respective school websites more information on the school and all its bells and whistles. Finally, both Williamsburg and Swanson recognize the anxiety that the middle school transition can present, especially given our present circumstances. Please reach out as needed with anything you may need.

**Swanson:**

- Renee Harber, Principal
- Rana Luthra, Director of Counseling
- Swanson website: <https://swanson.apsva.us/>

**Williamsburg:**

- Bryan Boykin, Principal
- Dr. Latisha Ellis, 6<sup>th</sup> Grade Assistant Principal
- Gretchen Brenckle, 6<sup>th</sup> Grade Counselor
- Williamsburg website: <https://williamsburg.apsva.us/>

Here's the [Williamsburg Student Services Newsletter](#) for those who are interested.